



SOROPTIMIST®
SOROPTIMIST INTERNATIONAL OF
KITCHENER-WATERLOO

The Financial Wellbeing Series

Learn. Protect. Grow.



*Participants receive a \$20 gift card for feedback shared!

START STRONG; STAY STRONG!
JOIN US FOR FINANCIAL WORKSHOPS DESIGNED FOR EVERY STAGE OF LIFE.

Here's What's Waiting for You!

- FREE participation
- Snacks and small giveaways
- No products or services sold
- A welcoming, supportive learning environment

What to Expect in each session:

- **May 7:** Budgeting Essentials for High School & Post-Secondary
- **May 14:** Healthy Saving & Spending Habits for Young Adults
- **May 21:** Financial Safety: Protecting Your Wealth
- **May 28:** Financial Growth: Building Your Wealth with Confidence



Starting
May 7, 2026



7pm - 8:30pm



**Doon
Pioneer Park
Community
Centre**

150 Pioneer
Park Drive,
Kitchener

Scan to Register



THE FINANCIAL WELLBEING SERIES:



FOUR WEEKS TO LEVEL UP YOUR MONEY CONFIDENCE

May 7 — Budgeting Essentials for High School & Post-Secondary

For ages 14–18

Learn how to build a simple, realistic budget and manage school and personal expenses with confidence. Perfect for teens beginning their financial journey.

**WEEK
1**

**WEEK
2**

May 14 — Healthy Saving & Spending Habits for Young Adults

For ages 17–20

Explore practical saving strategies and smart spending habits that support independence and long-term financial wellbeing.

May 21 — Financial Safety: Protecting Your Wealth

For ages 18+

Understand how to keep your money safe by recognizing scams, avoiding financial risks, and protecting your personal information.

**WEEK
3**

**WEEK
4**

May 28 — Financial Growth: Building Your Wealth with Confidence

For ages 18+

Learn beginner-friendly ways to grow your wealth, plan for the future, and strengthen your financial confidence.